



HØYT & LAVT – SØRUM AKTIVITETSPARK



The most attractive climbing park – fun for everyone

Høyt & Lavt – Sørums Aktivitetspark is located close to Oslo city and OSL Airport. It is one of Scandinavia's biggest climbing parks and is an arena for experiences, mastering and challenges. Experience an active and fun day full of excitement and activities for both children and parents. The climbing park consists of different obstacles in the trees, with varying length and difficulty. The courses consists of zip-lines and cordage, which are built in the natural terrain, and allows you to experience the world from the treetops.

In our café you can relax and enjoy a real cuisine experience. It is free to visit us; it is only those who want to climb that need to pay. In the park's main season from April through November, we are open all weekends and on the school holidays.

- Over 220 games
- Fun for all
- Close to Oslo and OSL Airport
- Free entrance if you do not to climb
- Open for businessgroups alle year mon-fri
- Nice café with local and selfmade food

MAP



SEASON: April – November

OPENING HOURS: April-june: Tuesday 17-20, every weekend and public holidays 10-17.
Juli-august: Every day 10-17.
Sept-nov: Tuesday 17-20, every weekend and public holiday 10-17.
Check our webpage for exact openingshours and tickets.

SUITED FOR: Families, friends, couples or those who just want to walk around in the park.

GUIDING AVAILABLE IN:



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