ENGLISH

ASKER OG BÆRUM 2015

www.visitaskerogbaerum.no

Visit Asker og Bærum
www.visitaskerogbaerum.no

Akershus
Akershus Tourist Board
Experience Asker and Bærum

Asker and Bærum are situated on the western side of the Oslofjord. Here awaits a world of enjoyable experiences, for residents and visitors alike. The area is a microcosmos of Norway, with luscious valleys, forests, farms, and the two mountains, Skaugumsåsen and Kolsåstoppen. The latter is a popular challenge for rock climbers. Cultural events and urban activities are primarily located in central Asker and the city of Sandvika. With Henie Onstad Art Centre, the sculpture park at Bærums Verk, the two large cultural centers, and a rich array of exhibitions and events; there should be something for everyone. Norway’s largest shopping center, Sandvika Storsenter, and the intimate marketplace in Asker offer a wide variety of shopping, cafés and restaurants.

It is our pleasure to welcome you to an active Asker and Bærum

Tourist information in Asker and Bærum

Sandvika Shopping Center (Storsenter)
Open all year. Mon-Fri 10.00-21.00, Sat. 10-18.
Brodtkorbsgate 7, N-1338 Sandvika.
Tel +47 67 52 23 00.
E-mail: abturistinfo@sandvikastorsenter.no
www.sandvikastorsenter.no

Tourist information in Akershus

Drøbak Tourist Information
Sjøtorget, Havnegt 4, N-1440 Drøbak.
Tel +47 64 93 50 87.
E-mail: tom.kristiansen@frogn.kommune.no
www.visitdrobak.no
Openinghours all year round: mon-fri 9-16
Summertime: sat-sun 10-14 from 21/6 to 17/8

Ski Shopping Centre (Storsenter)
Jernbanesvingen 6, N-1400 Ski.
Tel +47 64 85 90 00.
E-mail: informasjonen@skistorsenter.no
www.skistorsenter.no

Bjørløkken Tourist Information
Tel +47 90 93 13 56.
E-mail: post@ahreiseliv.no
www.ahreiseliv.no

See www.akershus.com for more information.

Touristinformation in Oslo

Oslo Visit Centre
Jernbanetorget 1, Østbanehallen – Oslo S
0154 Oslo
Tel 815 30 555. E-mail: info@visitoslo.com
See www.visitoslo.com for opening hours.

Pictures on first page: Vollen and Bærums Verk. Photo: Vollen and Bærums Verk.
Experience Asker & Bærum

Facts about Asker & Bærum

What to do in Asker & Bærum

Tourisinformation

What to see & do

Maps

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Accomodation

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Marina

Tips & Useful Addresses

Planning to visit? Up-to-date information on hotels, museums, restaurants and more can be found at Akershus.com. Here you will also find tips and advice from other travellers. Reviews and evaluations from TripAdvisor have also been included in the hope that they will assist you in planning your visit and enjoying your trip.

Let others know about your favourites! Did you stay at a lovely hotel, eat a delicious meal or visit an incredible museum? Share your favourites with others so they too can get the most out of their trip. Visit TripAdvisor.com to evaluate and share your experiences in Akershus.
Asker and Bærum comprise the western side of Akershus and are geographically separated from the upper reaches of the county, bordering Oslo in the northeast and Buskerud in the southwest. Even though Asker and Bærum are two of eastern Norway’s most densely populated municipalities, there is still a great deal of unspoiled wilderness. Only 25 percent of the Bærum region is considered to be urban.

**Asker**

Asker was originally named Askar, which in the old Norwegian was the plural of “ash tree”. Today Asker is both a city and a village with Asker centre at the heart of the municipality. It has a population of roughly 56,500 living on an area of 101 km². The private sector consists mostly of technology, shipping, goods and commercial services. Asker center is located next to the highway E18 with a well-developed communications network. The Airport Express train has one of its stops in Asker center on its way to Oslo Airport.

From the fields to the fjord Asker is distinctly green. Characteristic of Asker’s landscape are the 350 meter tall ridges Vardåsen and Skaugumåsen, many rolling hills, lakes and ponds and a beautiful coastline. Silence and natural beauty can be found along Semsvannet (“Lake Sem”); one of the “portals” to Vestmarka, a beloved hiking area all year round. Culture lies in both the historical and the contemporary. Asker has places, buildings, memorials and associations that support the municipality’s cultural heritage. In this respect, the church has been the most important flag-bearer of Asker’s culture. Askekallen, a row of ash trees, is the city’s symbol. It was planted as an avenue by the Asker church 200 years ago. An important part of Asker’s vibrant culture is linked with the Hvalstad valley, also known as “Artists’ valley”. Tilla and Otto Valstad’s home is now a part of Asker Museum. Today Asker’s cultural centre is unquestionably the Asker Community Center at Trekanten.

**Bærum**

Bærum’s name is likely derived from Björgheim, which means “the land between the mountains”. With its 115,000 inhabitants, Bærum is Norway’s fifth most highly-populated
municipality and covers an area of 192 square kilometers. On the southwest side, Bærum shares a border with Hole and Ringerike, Oslo to the northeast, and on the southeast a sea border with Nesodden. Bærum’s centre of administration is Sandvika, which today is considered a city.

The municipality has a vibrant cultural life as evident in the activity of organizations and volunteer groups. Bærum Cultural Center is in Sandvika and has a capacity for an audience of 500. Bærum has two medieval churches on Tanum and Haslum that are still being used to this day. From the churches you can follow the Pilgrim’s Route towards Nidaros. Bærum’s highest point is Vidvangshøgda at 549 meters above sea level, and lies in northeastern Krokskogen, but the best vantage point is at the top of southern Kolsås (349 meters above sea level). From here you have a view of nearly the entire municipality, toward Oslo, across to Nesodden and large areas of the Oslofjord.

Calcining has been an important industry in Bærum’s districts for 850 years. The lime was not only used locally, but also exported to many large construction projects going on in and around Oslo, and further south along the coast. The importance of lime production for the area inspired Bærum’s official coat of arms, a lime kiln.

In 1603 an iron ore was found in Bærum, or “Vestre Bergum” as it was known at the time. This lead to Christian IV entering a fixed-term contract with Paul Smelter and the construction of an iron refinery. Bærums Verk developed into an essential business. It had an influence on the village for centuries and was of great importance to Norway as a whole.

Industry in Bærum developed primarily along the waterways, seeing the construction of saw mills, brickyards, pulp mills, paper mills and glassworks. Good harbors and the arrival of the Norwegian railway in 1872 were also necessary steps in Bærum’s industrial expansion. Ice cutting remained a big business on Bærum’s many ponds all the way into the last century, as was the cultivation of fruit and berries.
WHAT TO DO IN ASKER & BÆRUM

Shopping
With its close proximity to the capital, the Asker and Bærum area offers great shopping amenities and a nice alternative for both residents and eager shoppers from Oslo. Just minutes away from downtown Oslo you will find a broad range of shops, cafés and restaurants. There is something to suit every taste. Take a trip to the western region of Akershus county.

Shopping in Asker
Central Asker offers a broad selection of shops catering to fashion, home decor and dining, and has, along with the Cultural Centre, become a natural meeting place for many people in Asker. With approximately 70 stores and eateries, central Asker has managed to create a pleasant, urban, and active town centre for its customers. It has made it possible to spend more time in Asker and provides residents with a sense of belonging.

Shopping in Bærum
Surrounded by industrial history, Bærums Verk, currently offers around 50 shops, artisans, workshops, galleries, and catering establishments. The settlement of Bærums Verk is situated by the entrance to Lommedalen, not far from Sandvika, and is an enjoyable experience for visitors. There are a number of shops in central Sandvika, including Norway’s largest shopping centre. In 2011, Sandvika Storsenter was given the title of Best Nordic Shopping Centre. Here you can pick and choose between 190 different shops and eateries. Asker and Bærum’s tourist board is also located in the shopping centre.

Welcome!

Shopping in Vollen
Vollen is situated on the coast of Asker and is a true gem. In idyllic surroundings, you will find a number of businesses, including shops, galleries, artisans, eateries, marinas and museums. Exciting shops cater to interior design, clothing, perfume, maritime equipment, hair styling, and jewellery. Vollen has a special atmosphere providing stress-free shopping, making the visit a delightful experience.
Cultural activity

Asker and Bærum offer visitors a variety of cultural activities with everything from superstars, to galleries with local artists, and famous master painters at the Henie-Onstad Art Centre.

Cultural Activity in Asker

Throughout the year, Asker Cultural Centre offers a rich and varied program of events. You can participate in everything from making your own jewellery, to listening to renowned Norwegian music artists such as Lill Babs. Take a trip to Det Gule Huset ("The Yellow House") at Holmen to experience arts, crafts, and paintings, or visit Asker Museum with its baroque garden and the story of Tilla and Otto Valstad, or life along the fjord at the Oslofjord Museum in Vollen. Interested in a musical lunch? Why not drop by the Lancelot Jazzcafé in central Asker?

Cultural Activity in Bærum

The Bærum Cultural Centre in the middle of Sandvika displays a broad cultural array on its stages. Here you can experience the best vocal group "The Real Group", theatre for both children and adults, and famous artists such as Marit Larsen and Bernhoft. A visit to Bærums verk is an experience in and of itself, where you can enjoy the sculpture park with works of art by several of Norway’s most famous artists. A visit to the Henie-Onstad Art Centre is a must for art lovers, along with a delicious lunch at Bølgen og Moi.
Business event
Course & conference

Centrally located in eastern Norway, just west of Oslo centre and barely an hour from Oslo Airport, a wide variety of hotels with a capacity for over 600 guests as well as every modern conference facility for any group size can be found. For day conferences the region offers a wide range of meeting halls, so you can find venues and facilities to suit any occasion. You can certainly combine meetings, courses and conferences with activities and experiences too.

Read more about courses and conferences at: www.visitaskerogbaerum.no

Activities & experiences

Give your clients, colleagues or employees an experience in Asker and Bærum. We can help you with everything from cultural corporate event at a cultural houses the fast-paced adventures with RIB on the fjord or a corporate day on the golf course for customers and employees. How about a floating board meeting with fishing during the break and fresh fish soup by Rigmor and Rigfar or cooking courses the Bølgen and Moi, where you stands for cooking, or SPA experiences with relaxing massage? Yo decide.

Jubilee, summer parties and Christmas parties

Do you have something you want to commemorate or celebrate? We’ve got the venue! From beautiful Sem Guesthouse idyllically located in Asker, suburban hotels at Fornebu to gourmet restaurants like Bølgen & Moi, we have the opportunities, your choice. Ask us for suggestions and tips for your next event. Visit Asker og Bærum can arrange contacts for everything from transport, sleeping arrangements and meeting locales to catering, activities, experiences and entertainment tailored for your event.
Asker and Bærum for Kids

The Asker and Bærum area is both an experience and an adventure for children. Here you will find everything from beautiful nature, coastal paths, bathing spots, and train rides, to hay jumping, feeding pigs, and artistic expressions.

At the Henie Onstad Art Centre, kids can express themselves artistically in Juniorlabben (“the Junior Lab”) and in Barneverkstedet (“the Children’s Workshop”), where the children can make their own sculptures, drawings or paintings. How about letting the children take part in a summer camp at the Henie Onstad Art Centre? Over the course of a week, the children can spend time enjoying art and expressing themselves through design activities, as well as being physically active in the outdoor activities.

Henie Onstad also offers an Art School with basic courses for youth in painting and photography. Bring the smallest ones along for a baby-friendly exhibition, or hold a children’s birthday party in artistic surroundings.

Lommedalsbanen, from 1904, have Norway’s oldest steam locomotive. Take your family on an unforgettable train ride, which travels at a leisurely pace on narrow-gauge tracks, and is a unique experience for children and adults. The trip will transport you to long-forgotten times, with a coal-fuelled steam locomotive and open carriages. In December the train will take you to Santa’s house, a must for children and a great start to the Christmas season.

In Asker and Bærum you will find “Marka” and the coastal path, with marked trails in the summer as well as winter seasons. We have swimming pools, and a water-based fun park, alpine slopes, and beaches for bathing.

The Asker Cultural Centre is the home of the youth club Radar and a library, where you can borrow audio books, films, CDs, books, and experience enjoyable events for children throughout the year. The library has its own children’s section, which is bright and pleasant. Here you will also find a climbing wall, Emil’s workshop and Xboxes.

NaKuHel has an idyllic location by Semsvannet (“Lake Sem”). A recreational area which is used by young and old alike. NaKuHel stands for Nature, Culture, Health. At NaKuHel you can participate in Frisk Liv for barn (“Healthy Living for Children”), where the main focus is on accomplishment and enjoyment of activities. At NaKuHel you can also take part in Semiadren (Family Day at Semsvannet), Semsvannsrunden (Semsvannet Race), or Datalaboratoriet (Computer Lab). Around Semsvannet there is a little beach and several inlets which have been accommodated for picnics and barbecuing.
The Tourist Information in Asker & Bærum is located in the “old part” of Sandvika Storsenter and is a part of Visit Asker & Bærum, member of Akershus Reiselivsråd (Akershus Travel Advisory).

Address: Brodtkorbsgate 7
1338 Sandvika
Phone: +47 67 52 23 00
E-mail address: abturistinfo@sandvikastorsenter.no

We have our own information agreement with various brochures from Asker and Bærum, for example for maps of Bærum, various brochures of bike routes in Bærum, Lommendalsbanen, Camping in Norway, etc. In addition we offer the Oslo Guide in the following languages: Norwegian, English, German and French, as well as free brochures for WhatsOn, Tusenfryd and Bjørneparken (The Bear Park).

We also sell:
- Postcards, souvenirs,
- Stamps, envelopes,
- Asker & Bærum Guide book, both Norwegian and English versions
- Local tour book; Suggestions for several fantastic trips in Asker & Bærum
- Oslo Pass; Free parking with a purchase of Oslo Pass at our location, 24, 48 or 72hrs.
- Tusenfryd tickets for sale
- Registration of membership in the Norwegian Automobile Federation (NAF)

Free bus from Oslo to Sandvika and back. - The bus schedule is attached.

For attractions and descriptions in Asker and Bærum, see the following link: www.visitaskerogbærum.no
www.akershus.com
Handelsstedet Bærums Verk

For over 400 years people have lived and worked at Bærums Verk. The original ironworks from 1610 is an experience in itself, situated in exceptionally beautiful surroundings with industrial history. Few other places can offer rows of several hundred year-old houses, filled with everything from paintings, carpentry workshops, smiths and glass-blowers, to modern interior design shops. Part of the selection may only be found at Bærums Verk.

Here you will find the country’s largest sculpture park, displaying the full range of Norwegian sculptors. The sculpture park opens a new guest exhibition each year in the beginning of June, in addition to the permanent sculptures. Visiting the park is free and a catalogue can be purchased on-site.

Just before summer, an exciting arts and crafts market is launched over the course of a weekend where one can experience a multitude of old and new arts and crafts traditions, in addition to activities for kids. In the summer months there are a number of great exhibitions to enjoy, and we also offer guided tours for visitors who wish to learn about the history of the place.

In the 42nd week of the year, a lot takes place at Bærums Verk involving arts and crafts, all of which is highly recommended. No one can match Christmas preparations at Bærums Verk when it comes to creating enjoyable experiences and Christmas traditions. There is a large Christmas market each weekend during the advent period, and for several days there is also a visiting farmers market. Children are offered a multitude of free activities. They can ride in a horse and carriage, in a reindeer-pulled sled, or jump in the hay. The place is also a gold mine for gifts, containing much more than what one would find in an ordinary shopping center.

We update the website www.baerumsverk.no with the activities available at any given time. The same goes for our Facebook page Bærums Verk. Here you will also find our business hours.

OPEN ALL YEAR ROUND, 7 DAYS A WEEK -- FREE PARKING – WELCOME!

Stay up to date on www.baerumserk.no and follow us on Facebook: Bærums Verk.
Centre of Asker

Center of Asker received the City Environment Award in 2007 and is a unique centre with pleasant meeting places and everything you might need within short walking distance. There is a nice balance between Trekanten shopping centre and the outdoor city centre. An urban and intimate city centre with over 70 exciting shops at street level, restaurants, services, culture and entertainment.

Throughout the year, numerous activities take place in the centre of Asker. Arrangements like Askerdagene, Sommerdagene, Fashion shows, Cultural festivals, «The good life in Asker», Christmas tree lighting etc. take place every year.

Welcome! 😊
Asker Cultural Center

Asker Cultural Centre is located in downtown Asker. The Centre is lively and busy all year around, both indoors and outdoors. We had more than 1.5 million visitors in 2014. The Cultural Centre is designed as a meeting place for everyone, from infants to senior citizens, and we offer everything from local productions to major professional artists. The Centre includes a conference hall, as well as splendid event venues for any occasion. Asker Cultural Centre is only a two minute walk from the train station and bus stop, and offers good parking facilities.

Asker Library

Asker Library is a vibrant meeting place for culture and knowledge. The library is located in the middle of Asker town center and has excellent opening hours. A good book, film, newspaper, journal or magazine – you’ll find it at the library! We host events and activities for young and old several times a week. Read more about our programs and services at www.Askerbibliotek.no

Business hours: Monday – Thursday 08.00 – 20.00, Saturday 10.00 – 17.00, Sundays (1/10 – 30/4).

The NaKuHel centre

At the NaKuHel (nature, culture, health) centre in Smia, hikers can meet and grab a cup of coffee and a bite to eat. This is also a great place to begin a walk around beautiful Semsvannet (Lake Sem). The NaKuHel foundation was established in 1994 on the initiative of Dr. Gunnar Tellnes at the University of Oslo. Its purpose is to contribute to holistic thinking and creativity in the field of nature, culture and health, in order to improve the health, environment and quality of life for the entire population. NaKuHel will be a gateway for recreational routes.

Asker Museum - Akershusmuseet

The museum and the Valstad collection can be found in the Hvalstad valley, known as the “The Artist Valley” of Asker. At the heart of the museum lies the artist’s home, the house belonging to Tilla and Otto Valstad. Labråtten, the home of Hulda and Arne Garborg, is also open to the public. The museum has a lush, baroque-inspired garden with animal sculptures by Anne Grimdalen, as well as an extensive home and artefact collection. Fixed and changing exhibitions. Kafé Gunhild is open during the museum’s opening hours.


Asker Bibliotek, Stroket 15A, 1383 Asker. www.askerbibliotek.no

NaKuHel - centre, Semsveien 168, 1384 Asker. Tel +47 66 98 75 50. E-mail: post@nakuhel.no. www.nakuhel.no

Asker Museum - Valstads samlinger, Otto Valstads vei 19, 1395 Hvalstad. Tel +47 66 79 00 11. E-mail: asker.museum@akershusmuseet.no.
Welcome to Vollen, the idyllic village by the sea. This has been a vibrant area for generations, and business has flourished for as many as 145 years.

Vollen’s trade history began in 1870, when Hans Kr. Christiansen established enterprises such as Volden Hotel, a market and a bakery, as well as the Volden post office, which opened in 1895.

Today Vollen is comprised of about thirty different businesses in the trade, service and culture sectors. Here are speciality shops of all sizes, offering interior design, fashion, jewellery and cosmetics, supermarkets, bakeries, restaurants and cafés, hairdressers, crafts and galleries – as well as a fully-functioning marina: Vollen Marina, with moorings and a guest harbour, a fjord pub, boat sales, boat and engine services, a gas station and a kiosk. Fresh shrimp from the fjord are sold straight from the fishing boats from May to September.

Vollen, a coastal pearl, is not only Asker’s own summer idyll, but is open more or less every day all year round, including Sundays. We strive to do our utmost to make Vollen a vibrant centre filled with a range of sensory experiences including the unique character of the location, the local history and coastal culture.

We wish you a warm welcome each and every day.

We are open all Sundays throughout the year!
**Paulina in Vollen**

Paulina imports clothing, shoes, bags and accessories for girls of all ages. We have an extensive selection, with focus on quality, trends and personal style. We carry both famous and lesser known brands, and you are sure to find something here that you won’t find anywhere else. All our customers can expect to receive personal guidance, and we also offer appointments with a stylist. Our suppliers include: Line of Oslo - Chill Norway - Ti-Mo – Ilse Jacobsen – In Wear - Dale of Norway - Mos Mosh - Liu Jo – In Wear - Arts & Crafts-RAINS – Voluspa – Deborah Lippmann

_Welcome to Paulina!_

**Gull og Sånt in Vollen**

Gull og Sånt is a jeweler's workshop combined with shop. We offer unique items by design and make jewelry according to your wishes. We carry jewelry from other designers, such as Julie Sandlau, Susanne Friis Bears and Bjorg. We also carry women's clothing in sizes 42-56 from brands such as Handberg, CISO, Zhenzi and Que. We are also dedicated to good design, as well as offering a good and varied selection of clothing for both everyday and parties.

**Søstrene Sagen in Vollen**

Søstrene Sagen is an 8 year old lifestyle shop in the center of Vollen. We are located in an about 100 years old house with lots of soul and charm. We offer furniture, interiors, gifts, clothing and accessories like bags and scarves from contemporary suppliers throughout Europe, and from locals designers. We are well known for manufacturing of stylish door signs of Plexiglas, and our good service! Some of our suppliers are Philippi-Conran-Lama120% Lino-Epilogue and Räder-Stilling-Kähler.

**Parfymepikene in Vollen**

We would like to welcome you to a pleasant shopping at the Perfume Girls in Vollen! Here you will find the best in makeup, fragrance and skin care for both her and him. We offer various skincare treatments adapted to your skin, pedicures and more. You can also order makeup for all occasions. We carry famous brands as well as selective and semiselective series in perfume.

_We are open Mon-Fri 10:00 - 18.00, Sat 10.00-20.00 and Sat from 11.00 to 16.00. Drop in / Appointments pls call: 404 74733_
Bergvang Gård

Bergvang farm is located in scenic surroundings by Semsvannet in Asker. We have direct access to lakes, forests and fields. We offer various activities throughout the year for meetings and conferences segment as well as the tourist segment, like birthday parties for children and families. At the farm we have many different species of animals. Come and try dog sledding or dog carting! We offer an active farm and outdoor activities all seasons. For a guided tour with horses or dogs, please contact us on e-mail or phone.

Bergvang Gård, Bergvangveien 12A, 1384 Asker. Tel +47 41915577. E-mail: post@bergvang.no. www.bergvang.no

Herligheten in Vollen

Herligheten, the shop with a large selection of clothing, shoes, bags and accessories. Here you'll find a wonderful combination of trend, design and personal style, in addition to good lasting qualities. At Herligheten you will always feel like home in our pleasant surroundings and aim for the good inspiration. Herligheten is committed to make the customers feel at ease, settle down - and find the right thing!

Welcome to Herligheten!

Herligheten, Slemmeqadveien 432, 1390 Vollen. Tel +47 451 83 232. E-mail: post@herligheten.com. www.herligheten.com

Barna i Svingen in Vollen

Barna i Svingen (Kids on the Corner) is a charming little shop for children. We sell toys, children’s clothing, gifts and interior design items. Our goal is to create a little magic here at the Corner. There may be a puppet theatre on a Saturday, or who knows, perhaps the King will make an appearance one day? Here, the sky is the limit – literally, and children are welcome to take a look. Look and touch. It’s allowed. There may even be candy on the table, if Mum or Dad say it’s okay… even on a regular Tuesday.

Welcome to a pleasant shopping experience at the Corner!

Barna i Svingen, Slemmeqadveien 428, 1390 Vollen Tel +47 405 51 199, Look us up on Facebook «Barna i svingen»

The Oslofjordmuseum

The Oslofjord Museum at Collen in Asker focuses on the coastal heritage of the Oslofjord. A rowing simulator for virtual water trips is part of the museum’s innovative program for learning and experience. The museum also has a collection of old smaller wooden boats and is situated where the polar shop “Maud” was built for the famous Norwegian arctic explorer Roald Amundsen. The Selvik Villa - a residential home in Suizz style from the 1880’s - is located right next to the Oslofjord Museum and is also part of the regional Akershus museum.

Oslofjordmuseet, Christian Jensens vei, 1390 Vollen. Tel +47 66 93 66 30. E-mail: oslofjordmuseet@akershusmuseet.no. www.akershusmuseet.no/oslofjordmuseet

Bergvang Gård

Bergvangfarm is located in scenic surroundings by Semsvannet in Asker. We have direct access to lakes, forests and fields. We offer various activities throughout the year for meetings and conferences segment as well as the tourist segment, like birthday parties for children and families. At the farm we have many different species of animals. Come and try dog sledding or dog carting! We offer an active farm and outdoor activities all seasons. For a guided tour with horses or dogs, please contact us on e-mail or phone.

Bergvang Gård, Bergvangveien 12A, 1384 Asker. Tel +47 41915577. E-mail: post@bergvang.no. www.bergvang.no
The Yellow House in Asker
The Yellow House was established in 1980 and is an artist-run exhibition space for visual arts and crafts. Besides the approx. 10 planned exhibitions every year, we have Commission work of 120 professional artists. We are located in Asker second oldest school building Vogellund school from 1848, in an oasis between Holmensenteret and the sea. We offer a gallery Café with freshly prepared coffee and homemade cakes.

Welcome to informal and pleasant atmosphere.

Henie Onstad Art Centre
Henie Onstad Kunstsentres is located in scenic surroundings at Høvikodden, with woods, lakes and a large sculpture park. The place is just 15 minutes by car from the city center. The visitors can also enjoy a meal at brasserie Bølgen & Moi and unique design products from the museum shop at HOK. The institution’s uniqueness lies in the cross disciplinary field and the relationship between visual art, music, performance and the historical avant-garde.

Bærum Cultural Centre
Bærum Cultural Centre is both a building a municipal facility that arranges and runs the performance venues: Store Sal and Fojå-scenen, Sandvika Theatre, Musikkflekken and Lille Scene as well as the practice locale Skiltverkstedet. We work to develop and provide an extensive and inspiring cultural programme for everyone. We are a professional arena for local cultural life. As the regional competency centre for dance and as a regional cultural centre, the cultural centre will be a leading producer and conveyer of professional artistic expression.

Sandvika Shoppingmall
Sandvika Storsenter is the biggest shopping centre in Norway and has 200 shops and eateries, a wide selection of health services and Thon Hotel Oslofjord as its nearest neighbour. Asker and Baerum’s tourist information office can be found on the mall’s first floor. The shopping centre is centrally located in Sandvika, with good connections to public transport and 2200 free parking spaces. Sandvika Storsenter was voted the best Nordic shopping centre of 2011. Sandvika Storsenter is a gateway for recreational routes.
ASKER OG BÆRUM
- mapreferences

1  Asker Museum
   Vollen Handelssted
   Vollen Marina
   Vito's Vollen
   Vollen Coastal museum
   Oslo fjord museum
   Destinasjon Vollen
   The harbor shop
   Gull og Sånt
   Søstrene Sagen
   Parfymepikene
   Herligheten
   Kafe Oscar
   Barna i Svingen
   Paulina in Vollen

2  Vollen Marina
   Oslo fjord museum
   Destinasjon Vollen
   The harbor shop
   Gull og Sånt
   Søstrene Sagen
   Parfymepikene
   Herligheten
   Kafe Oscar
   Barna i Svingen
   Paulina in Vollen

3  Bærums Verk
   Værtshuset Bærums Verk

4  Asker Center
   Asker Cultural Center
   Asker Library
   Airport express train

5  Sandvika Storsenter
   Tourist Information in Asker and
   Bærum
   Thon Hotel Oslofjord
   Bærum Cultural Center

6  Henie Onstad Art Center
   Bølgen & Moi Høvikodden

Visit
Asker og Bærum
www.visitAskerogBærum.no

Akershus
Akershus Reiselivsråd
7 Sem Gjestegård
   NaKuHel-senteret
   Tveiter gård
8 Lommedalen Railway
9 Emma Gjestehus
   Emma cafe and gallery
   Emma sansehus
10 Holmen Fjordhotell
   The yellow house in Asker
11 Radisson BLU Park Hotel
   Quality Hotel Expo
   Scandic Fornebu
   Sjøflyhavna Kro
12 Vinkelgården Conference Center
   Hos Anna Café
13 Bergvang farm
14 Hvalstrand Bad
15 Tveiter farm
16 Scandic Asker
17 Thon Hotel Vettre
18 Gråstua
Rigmor og Rigfar
“boat trips for everyone”

These boats are among the most popular in the inner Oslofjord area, and are visited by 30 to 40 thousand travelers each year. MS Rigmor is probably Norway's oldest route-driven wooden ferry. We run ferries - and mini-cruises among the islands in Asker and Bærum. We arrange trips to Oscarsbog castle (opera and day trips), Drøbak, Hovedøya, pirate evenings, fishing trips, school trips and more. We rent out boats with crew to private and business trips, we have a varied and excellent menu, and fully licensed.

Sandvika Fjordturer AS, Kadettangen 18b, Rigmorbygga, 1337 Sandvika. Tel +47 97 95 97 95. E-mail: rigmor@rigmor.no. www.rigmor.no

Lommedalsbanen Museum Railway Line

Lommedalsbanen is a specialised museum with railway elements from construction, industry and the Norwegian military. They run a heritage railway, where you can experience Norway's smallest steam locomotive from 1904. Extra trains for special events can be arranged by request. The museum is open Sundays in June and Sundays from the beginning of August to the end of September. The trains run regularly from 11.00 – 15.00. Arrival: Car or bus to Bykrysset in Lommedalen, continue on Kampeveien and Tolverud veien for 1.6 km. – follow the signs.

Lommedalsbanen, Tolverudveien 25, 1250 Lommedalen. Tel +47 67 56 26 60/ 66 93 66 42. E-mail: lommedalsbanen@epost.no. www.lommedalsbanen.no.

Gråstua Sandvika

Welcome to a unique store with handmade products from Bærum. We offer a variety of products in textile, wood and ceramics to affordable prices. All our products are made by people with disabilities working in our local community.

Welcome to a unique shopping experience at Gråstua! Opening hours: Tuesday - Friday: 10 - 17. Saturday: 10 - 15.

Elias Smiths vei 3, Løkkehaven, Sandvika. Tel: +47 67 80 79 30. E-mail: grastua@baerum.kommune.no

Akershus Art association

From Asker and Bærum in the west, via Nesodden and Drøbak in the south and onward to Skedsmo and Ullensaker in the east there are a total of 18 art associations that regularly offer art exhibits, lectures and art tours, as well as other exciting events. The art associations are affiliated with AKFO – Akershus Art Associations’ county organisation. As a member of your local art association you will be allowed the chance to participate and contribute. You will also have the chance to share your experiences and joy of art with others who have similar interests in art and culture. And last but not least, you have plenty of opportunity to learn more about art created near your home and elsewhere in the county.

AKFO – Akershus Kunstforeningers Fylkesorganisasjon, Strømsveien 62, 2010 Strommen. Tel +47 63 81 55 86. E-mail: post@akfo.no www.akfo.no. Photo: kunstner Grete Swahn.
Emma Sansehus

Sansehuset ("the house of the senses") is a house providing sensory stimulation, where music, sound, light and tactile impressions are combined in comfortable surroundings. Emma Sansehus is divided into different rooms with different colors and themes, inspiring experiences that everyone will enjoy. Preschools and schools can rent Emma Sansehus during the day. Emma Sansehus can also be rented for children's parties or other events. Wednesday evening and Sundays are open for everyone.

Pilgrim’s Route through Bærum

The Pilgrim’s Route through Bærum starts in Gamlebyen in Oslo and continues to Bærum, onward through Krokskogen to Ringerike and then along the west side of Mjøsa. The route provides a different type of hiking experience, whether you want a day trip or travel all the way to Trondheim.

Should you decide to take the west route to Trondheim, start by going west from Gamlebyen in Oslo. At Lysaker, cross the Lysaker river at the old medieval ford by Fåbro and continue through the villa district towards the Haslum medieval church. By Øverland, continue on a path through "marka", the wilderness area, in the direction of Nygård. Along the way you can spend the night at Sæteren Gård. This farm belongs to the Norwegian Trekking Association, but is also recognized as a pilgrims’ hostel. The road ahead continues over Skrivarberget and down to Lommedalen. We head across the golf course and into Krokskogen in the direction of the Bønsnes church in Ringerike. For a day trip you can start in Lommedalen and walk to Sundvollen. A bus can take you back.

For more information see: www.pilegrim.info

Galleries in Asker and Bærum

Galleri Hovde – Knut Askersvei 5A, Asker
Galleri Pink – Arnestadveien 2, Vollen
Galleri Tordenskjold – Landøyaveien 1, Nesbru
Galleri Trafo – Lensmannslia 60, Asker www.galleritrafo.com
Arista Cafe og Galleri – Kadettangen 18, Sandvika www.aristacafe.no
Aurora Verksted – Kirkeveien 50, Høvik www.aurora-verksted.no
Galleri G – Ringstadbekkveien 105, Bekkestua www.gallerig.no
Galleri H-11 – Høvikveien 11, Høvik
Galleri Skallum – Gml. Ringeriksvei 12, Stabekk www.galleriskallum.no
Løkkehaven – Elias Smithsvei 7, Sandvika
HebbeLilles Galleri i Vollen – Slemnestadveien 440, Vollen
Vito’s
Is located on the Pier of Vollen Marina, serving both outside and inside. Parking for both cars and boats. In our cozy restaurant you can enjoy good food with excellent view and location by the waterfront. We serve genuine Italian food, meat dishes, seafood, pizza, pasta and homemade Italian ice cream. We accept large group for special occasions, summer parties or Christmas parties. Pls contact us pr. e-mail or phone.

Vito’s Vollen, Slemmestadveien 416, 1390 Vollen. Tel +47 66 79 89 95. E-mail: post@vitosnorge.no. www.vitosnorge.no.

Kafe Oscar in Vollen
*Cafe Oscar* is idyllic located overlooking the bay. The building from 1916 also houses a craft bakery, Vollen Bakery which is known for its quality and well-made bakery products. They make tasty pastries, baked in a traditional manner. In the café you can enjoy everything from sandwiches, bread products, cakes and goodies. You can buy cakes to small and large occasions. Order your cake at Cafe Oscar. We are open all day throughout the week. From 0900-1700.

Kafe Oscar, Slemmestadveien 436, 1390 Vollen Tel +47 66 77 19 10. E-mail: post@vollenbakeri.no. www.vollenbakeri.no

Hos Anna café
Welcome to Hos Anna cafe, one of Bærums largest and oldest farms. We can offer a variety of homemade foods, fresh cakes, coffee, non alcoholic drinks and handmade interior products. All our products are made from people with disabilities from our local community. The concept is simple - few but unique products. We can guarantee that everything is handmade and fresh. Welcome to a unique café experience at *Hos Anna* café!

Opening hours:
Tuesday - Friday: 11 - 15.

Hos Anna, Vinkelgården, Gamle Lommedalsvei 33, 1339 Vøyenga. Tel +47 94 84 08 24. E-mail: vinkelgarden@baerum.kommune.no

Bølgen & Moi Høvikodden
Bølgen & Moi Høvikodden is located at the Henie Onstad Art Centre at Høvikodden in Bærum. Our brasserie offers everything from small meals to 5 course menus. We host large and small events for as many as 800 persons. Interesting in your own cooking class? Gather friends or colleagues and we will accommodate you for a successful class. If you want to enjoy our food outside the restaurant, we will provide our chef or the full crew, and can manage anything from 2-1000 persons. In the summertime we have Bærum’s best location for outdoor serving, with a unique view and sun all day long.

Bølgen & Moi Høvikodden, Henie Onstad Kunstcenter, Sonja Henies vei 31, 1311 Høvikodden. Tel +47 67 52 10 20. E-mail: hovikodden@bolgenogmoi.no. www.bolgenogmoi.no.
Hvalstrand bad
“Seashore, sunshine, soft sand, Hvalstrand” - a popular saying from 1934. Hvalstrand Bad is surrounded by natural beauty on the best beach in Asker! The interior of this functionalist gem is bright and delightful, evoking a sense of a bygone era! Our restaurant remains open throughout the summer season, but we can host private parties all year round as well. Location, food, wine and Sult’s extensive experience with party arrangements all contribute to making Hvalstrand Bad a safe choice for your wedding as well as the company summer party and other events. See our website for updated opening hours.

Værtshuset Bærum Verk
Norway’s oldest eatery on the historical foundations of Bærum. Værtshuset (“The Inn”) is a classic and timeless place. Our “Norwegian-inspired Kitchen” has mainly Norwegian food on the menu. All meals are made in our own kitchen, consisting of the finest raw ingredients available. Contact us for meetings, conferences, weddings, celebrations, catering, food and wine courses or other events.

Welcome!

Tveiter gård
Tveiter Gård’s beautiful main building and storehouse were built in the middle of the 1800s, but the full history of Tveiter Gård goes all the way back to the early 1600s. Standing next to Semsvannet (“Lake Sem”), the farm is surrounded by natural beauty on all sides. At the eatery, 56 guests can be seated at once, and there are several charming little lounges as well. Tveiter Gård is well-suited for everything from private ceremonies such as weddings and confirmation parties, to company events and whole-day conferences. Since 2006 Tveiter Gård has been run by Sult, who also runs Hvalstrand Bad.

Arrival: Train to Asker, taxi from the station. The road goes all the way. 30 minutes from central Oslo by car.

Opening hours: Available for private parties all year. Open for family Christmas parties on Sundays in December.
Sjøflyhavna Kro

Sjøflyhavna was opened in 1948 as an expedition headquarters and office, already in spring 1949 Spisevognselskapet opened a cafe business at Sjøflyhavna. The building is now protected and rehabilitated to maintain its original appearance and atmosphere. We have attempted to keep this atmosphere alive through the interior design of the inn and by creating a comfortable informal, maritime and retrospective environment. We offer simple but authentic meals and drinks. Large outdoor seating area. Welcome to Fornebu.

Sjøflyhavna Kro, Martin Linges vei 57, 1364 Fornebu. Tel +47 95 49 49 16. E-mail: post@sjoflyhavna.no. www.sjoflyhavna.no

Emma Kafé og Galleri – for rent

Our premises can be rented for exhibitions, conferences, meetings and various celebrations. Emma Cafe is rented out for meetings up to about 70 people and for celebrations up to about 60 people. Emma Gallery rented for exhibitions and parties, meetings and up to about 35 people. We offer a well-stocked catering menu and home baked goods. Emma Guesthouse is located nearby with 17 rooms over two floors also a meeting room and 3 smaller group rooms.

Emma Kafe og Galleri, Emma Hjorths vei 66, 1336 Sandvika. Tel +47 67 13 30 69. E-mail: emmakafe@baerum.no. www.emmagjestehus.no

Other restaurants in Asker and Bærum

Restaurants in Asker:
Intermezzo Cafe, Bar & Restaurant, Knud Askers vei 26, Asker.
Big Horn Steak House Asker, Kirkeveien 212, Asker.
Egon, Torvveien 1, 1383 Asker.
Havelli Tandoori Asker Ali, Knud Askers vei 26, Asker.
Glorioso, Strøket 15A, 1383 Asker.
Baracoa, Strøket 17, 1384 Asker
Bambus Sushi, Knud Askers vei 26A, 1383 Asker
Cafe Opus, Knud Askers vei 26, 1383 Asker
Akutten Tapas og Vinbar, Torvveien 12c, 1383 Asker

Restaurants in Bærum:
Fellini, Claude Monets Allé 24, Sandvika.
Baracoa Sandvika, Otto Sverdrups Plass 3, Sandvika.
Bekkestuene Brasserie, Bærumsveien 212 A, Bekkestua.
España Bar de Tapas, Sandvika, Løkketangen 10a, Sandvika.
Oleo Restaurant & Bar, Arnold Haukelands plass 10, Sandvika.
Pier 41 Cafe & bar, Lysaker brygge. www.pier41.no.
Big Horn Steak, Sandvika, Løkketangen 26, Sandvika
Bambus Sushi AS, Claude Monets Alle 52, Sandvika
Chinatown Restaurant, Rådmann Halmrasts vei 7, Sandvika
Egon Sandvika, Kinoveien 11, Sandvika
Haga Restaurant, Griniveien 315, Bekkestua
Oleo Restaurant, Arnold Haukelands Plass 2, Sandvika
Restaurant Fossekallen AS, Vollveien 13, Lysaker
Scandic Asker

Enjoy a pleasant stay at our conference hotel, Scandic Asker, just 25 minutes from Oslo. Hotel Scandic Asker can be found in downtown Asker, 4 minutes from the train station and airport express train, and 50 minutes from Oslo Gardermoen airport.

The hotel lies just a short distance from shops, restaurants and scenic recreational areas. While staying at Scandic Asker you can visit Skaugum, and during the summer you can take a trip to Hvalstrand or spend the day on the green at Asker Golf Club.

Hotel Scandic Asker is a modern conference hotel, refurbished as recently as 2011. We offer 7 meeting rooms, the largest of which boasts a capacity of up to 280 people. Enjoy a delicious dinner at our hotel restaurant, or relax with a cup of coffee at our bar. We have a modern, well-equipped fitness centre and wireless internet throughout the hotel.

Quality Hotel Expo

The greatest ideas spring from diversity. At Quality Hotel Expo, people, method and environment join together for inspiration, innovation and recreation: outdoor and indoors, on courses, conferences and city holidays.

Quality Hotel Expo is the perfect venue to bring out the best ideas! Architect Nikki Butenschøn has set a new standard for creating inspiring environments, so look forward to the perfect harmony and warm atmosphere of our hotel. The hotel has a unique seaside location at Fornebu, and offers restaurant Brasserie X, Bar X, outdoor dining, Wayne’s Coffee, 13 unique conference, fitness centre and 301 splendid rooms. Get inspired at:

www.qexpo.no and contact us for more information.

Welcome to Quality Hotel Expo at Fornebu.
**ACCOMODATION**

**Thon Hotel Vettre**

Thon Hotel Vettre is located in the countryside of Asker, in quiet surroundings, just a 20 minute drive from downtown Oslo. Here, near the sea, you can wander along the coastal culture trail to beautiful Konglungen and Vollen.

**Conferences**

The major advantages of Thon Hotel Vettre are its location and facilities, both of which will ensure an enjoyable stay for all conference participants, also in the evenings.

The food at Thon Hotel Vettre is also widely known, and rest assured that none of our guests will be leaving with hunger pangs after their stay.

We have recently opened Restaurant Ask where breakfast, lunch and dinner are served. Restaurant Ask is an inviting and informal restaurant, with an open kitchen and a large charcoal grill where you can watch the chefs prepare your food.

Thon Hotel Vettre offers free parking for up to 150 cars right outside the hotel.

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**Scandic Fornebu**

A conference hotel uniquely situated near Rolfsbukta at Fornebu. With an interior aesthetic inspired by aquatic life, the hotel has a soothing, relaxing atmosphere. Hotel Scandic Fornebu was opened on the 15th of Sept-ember 2012.

The hotel has 13 meeting rooms which can be divided into 18 small, medium and large meeting rooms. The main hall has a capacity of up to 650 persons. All meeting rooms have modern technical equipment. The hotel offers a 180 degree view of the Oslofjord. Just outside the door you will find beaches, hiking trails and sea life. How about a boat trip along the Oslofjord, or a visit to one of the many nearby islands? Fornebu indoor golf centre and Telenor Arena are within walking distance.

Scandic Fornebu is just 45 minutes from Oslo Airport Gardermoen and merely 10 minutes from Oslo city centre. In 2014 we opened our 1400 m2 large play area. Scandic Fornebu is the only hotel of its kind who offer a private play area! Child Planet Atlantis is a paradise for all children aged 0-12 years. The restaurant at hotel Scandic Fornebu has a fantastic view of the Oslofjord with a large terrace and outdoor dining. We serve a generous breakfast buffet at the restaurant in addition to lunches and dinners. Banquets and other private events can be arranged too. At the bar you can relax with a coffee or something from our drinks menu. Welcome, and enjoy one of our 334 rooms.

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**Scandic Fornebu**

Scandic Fornebu, Martin Lingesevei 2, 1364 Fornebu. Tel 21 05 70 00. E-mail: fornebu@scandichotels.com. www.scandichotels.no/fornebu

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**Thon Hotel Vettre**

Thon Hotel Vettre, Konglungsveien 201, 1392 Vettre. Tel +47 66 90 22 11. E-mail: booking@vettre.no. www.thonhotels.no/vettre.
Radisson Blu Park Hotel

Radisson Blu Park Hotel is located in the beautiful surroundings of the Oslo Fjord, just 10 minutes from Oslo city center. With its many facilities and relaxed atmosphere, the hotel is excellent for leisure, business travel and conferences. The hotel has 251 rooms (103 completely renovated from March 2014) and 16 meeting rooms with free WLAN for all guests. Globetrotter Restaurant and Blu Note Bar serves delicious dishes and refreshing drinks in a pleasant atmosphere.

Holmen Fjordhotell

Dear Guest!

Welcome to a pleasant stay at Holmen Fjordhotell. The hotel is beautifully situated by the beach front in the Oslofjord, just 18 km from central Oslo. Hotel rooms, conference rooms and restaurants all have terraces, where one can enjoy a view of the fjord. In front of the hotel there is a charming harbour area for both dining and recreation. Our SPA department with great bathing facilities offers health and relaxation opportunities, fitness, and catering.

Thon Hotel Oslofjord

Newly renovated hotel with restaurant, bar, conference rooms and gym by E-18 in Sandvika, 15 minutes from Oslo city centre. Free parking and easy access with car, train and bus. 248 well equipped rooms, free Internet and a large breakfast buffet. A large shopping center and Kalvøya island with swim and outdoor possibilities are next to the hotel.

Emma Guesthouse

Located a stone’s throw from forests and cost line, and a short distance from Sandvika city center you will find Emma Guest House. We have 17 rooms on two floors with a warm atmosphere and competitive rates. We have rooms to accommodate families also handicap access (first floor). All rooms have TV, bathrooms / toilets are in the hallway. We offer a cozy living room with good sitting area, large dining tables and a kitchen where guests can prepare food. Great walking/skiing possibility. You can also rent out Emma Guest House for groups, max capacity 50 people. We have a meeting room and three smaller group rooms, capacity for 30 people.

Radisson Blu Park Hotel, Fornebuveien 80, 1366 Lysaker. Tel +47 67 82 30 00. E-mail: info.park.oslo@radissonblu.com. www.radissonblu.no/parkhotel-oslo.

Holmen Fjordhotell, Slemmestadveien 64, 1394 Nesbru. Tel +47 66 77 27 00. E-mail: booking@holmenfjordhotell.no. www.holmenfjordhotell.no.

Thon Hotel Oslofjord, Sandviksveien 184, 1337 Sandvika. Tel +47 67 55 66 00. E-mail: oslofjord@thonhotels.no. www.thonhotels.no/oslofjord.

Emma Gjestehus, Høyrabben 4, 1336 Sandvika. Tel +47 67 13 06 59. E-mail: emma.gjestehus@baerum.kommune.no. www.emmagjestehus.no
MEETING & CONFERENCE

Asker and Bærum offer a great selection of seminar & conference facilities just a 10 to 30 minute drive from central Oslo. Here you will find several hotels with excellent facilities, each with their own distinctive qualities, which will contribute in creating a nice framework for your event and ensuring its success. The area has a large capacity and is easily accessed by public transport either by land or over the fjord. Activities and experiences are an important part of an event, and are often the foundation for enthusiasm, team building and productivity. In Asker and Bærum you will find agencies that can help you with everything from small gatherings to larger tailor-made events.

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Read more about the hotels under “ACCOMMODATIONS”. Many of the catering establishments and excursion businesses in Asker and Bærum are well-equipped for groups, seminars and conferences. Get in touch with us and we will help you with suggestions for your next event.

Vinkelgården conference centre

Welcome to a conference centre at one of Bærum municipalities largest and oldest farms. We can serve up to 60 people for conferences, seminars, private arrangements and weddings. We also offer smaller rooms for group meetings for up to 20 people. You get all the top equipment you need such as projector and canvas, sound system and Wifi network. Let our historic buildings and wonderful surrounding areas be the setting for your next arrangement. We can offer homemade lunch and dinner, coffee and drinks. Call us today.

Vinkelgården, Gamle Lommedalsvei 33, 1339 Vøyenga.
Tel +47 94 84 08 24, E-mail: vinkelgarden@baerum.kommune.no

Destination Vollen AS

Destination Vollen AS provides your meetings and conferences with a frame setting for inspiration and development. We assist with bookings, setup, meal and beverages.

We also customizes activities both at sea and on land based on the objective of the meeting or event.

We have considerable experience in facilitating meetings and events, utilizing the brisk air and surroundings for the best possible experience.

Tel +47 901 49 201 – www.destinasjonvollen.no – E-mail: post@destinasjonvollen.no
Sem Gjestegård

Sem Gjestegård lies in idyllic surroundings by Sems-vannet (“Lake Sem”) in Asker, just 15 minutes from Oslo by car. With buildings from the 19th century, we have fused the old traditions with modern facilities and created a different type of course and conference centre – one with soul. The peace and inspiration provided by nature is a part what you will experience as our guest.

Sem Gjestegård offers conference halls for 4 – 140 people and has 47 pleasant and tastefully decorated rooms. We offer free wireless internet for all of our guests. Snack breaks are important for keeping your concentration clear through a long workday, and few things evoke such pleasant thoughts as the smell of fresh waffles. And when the harvest has been good we serve apple juice from our very own orchard in the meeting room. Refreshing and delicious. Complete your day with one of our delightful 3-course menus.

Welcome to “the Taste of Sem”.

Telenor Arena

Telenor Arena can offer you a wide array of possibilities and help you create the perfect setting for corporate events of all sizes, from 300 people up to 10,000 for dinner, exhibitions, conferences and seminars. Our dedicated and imaginative team are here to assist you and can suggest exciting, yet productive solutions for your event, whether it be seminars, conference rooms, auditorium layouts, gala dinner, party or more.

At Telenor Arena, there are facilities from skyboces with space for 12 people, perfect for meetings and break out room, to conference facilities with a capacity of up to 18,500 people in theatre style.

Asker Event

Asker Event facilitates and conducts events which contributes to create B2B arenas for local businesses and increases the local identity for the citizens in our community. We conduct various events where we have either partial or total production of the event. Both as technical, or as an organizing adviser in addition to be committed to creating positive experiences around events by contributing to get local business taking part of the event. We work close together with the trading class, chambers of commerce, businesses and cultural life.

Asker Event AS, Tel. +47 480 75 017, E-mail post@askerevent.no www.askerevent.no
Airport Express Train

No matter where you are headed, The Airport Express Train offers the fastest, most punctual way to and from Oslo Airport. With departures every 10 minutes to and from Oslo Central Station, 19 minutes travel time and a travel guarantee to ensure you reach your destination. Children up to 16 years travel for free when accompanied by an adult.
You will find all relevant information regarding your trip at Flytoget.no.

Have a nice journey!

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Schaus Buss

We take care of all your coach travel needs and organize travel according to customers’ requirements.

Qualified drivers in thirty modern, high quality vehicles, 16-83 seats.

Schaus has an international ISO accreditation which mean that we offer quality, safety and flexibility at a good standard as well as offer competitive prices.

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Schaus can also offer our services out of Gardermoen.

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Schaus Buss AS, 1540 Vestby. Tel +47 64 95 61 61. Faks +47 64 95 19 56.
E-mail: info@schaus.no  www.schaus.no
Vollen Marina
A complete and fully modern marina in the inner Oslofjord, equipped with all facilities: Moorings, a guest harbor, boat dealership, boat and engine service, petrol station and a shop with maritime clothing and boating accessories. A pleasant restaurant on the quay, a fishing boat selling fresh shrimp and fish. Here you can rent electric bikes for trips in the surrounding area, with free maps and trip suggestions. Moorings in the guest harbor can be booked in advance at www.dockspot.com

Vollen is a perfect starting point for boat trips, with a short distance to the local area. The marina has its own workshop and a travel lift with a 50 ton hoisting capacity.

Welcome to Vollen Marina!

The Harbour Shop – Vollen Marina
Vollen Marine service has everything you need for great days at sea both for boats and crews. In addition to fuel, accessories, kiosk merchandise, and the fjords best soft ice, we have maritime clothing and equipment from Gant Home, PelleP, Holebrook and Gill. If you wish to see more of Vollen, we have electric bikes for sale and rent.

Welcome from both sea and land.

Vito's Vollen
Is located on the Pier of Vollen Marina, serving both outside and inside. Parking for both cars and boats.
In our cozy restaurant you can enjoy good food with excellent view and location by the waterfront. We serve genuine Italian food, meat dishes, seafood, pizza, pasta and homemade italian ice cream.

We accept large group for special occasions, summer parties or christmas parties. Pls contact us pr. e-mail or phone.

Vito's Vollen, Slemmestadveien 416, 1390 Vollen. Tel +47 66 79 89 95. E-mail: post@vitosnorge.no. www.vitosnorge.no.
You will find a good selection of golf courses in Asker and Bærum. This allows the guest players the opportunity to test their skills. Here you can play several courses on the same day, with different levels and number of holes. Here is an overview of some of the courses:

**Asker Golfklubb.** Numbers of hole: 18. Høgåsveien 35, 1383 Asker. Tel +47 66 90 03 40. E-mail: agk@askergolf.no. www.askergolf.no.

**Ballerud golf.** Numbers of hole: 9. Ballerud Allé 1, 1363 Høvik. Tel +47 67 10 61 10. E-mail: post@ballerud.no. www.ballerud.no.

**Bærum Golfklubb.** Numbers of hole: 18 + 9. Hellerudveien 26, 1350 Lommedalen. Tel +47 67 87 67 00. E-mail: bmgk@bmgk.no. www.bmgk.no.

**Grini Golfklubb.** Numbers of hole: 9. Griniveien 159, 1332 Østerås. Tel +47 67 16 70 80. E-mail: jt@grinigolfklubb.no. www.grinigolfklubb.no.

**Haga Golf.** Numbers of hole: 27. Griniveien 315, 1356 Bekkestua. Tel +47 67 16 59 00. E-mail: adm@hagagolf.no. www.hagagolf.no.

**Lommedalen Golfklubb.** Numbers of hole: 9. Lommedalsveien 340, 1350 Lommedalen. Tel 40 00 18 12. E-mail: post@lommedalengk.no. www.lommedalengk.no.

**Golf simulatorsentre:**

**Fornebu Indoor Golf Center.** 6 Full swing golfsimulators. Snarøyeveien 69, 1367 Snarøya. Tel +47 67 11 66 00. E-mail: info@figc.no. www.figc.no

**Toppgolf.** 12 Full Swing golfsimulators. Griniveien 363, 1356 Bekkestua. Tel +47 67 14 13 13. E-mail: senteret@toppgolf.no. www.toppgolf.no
In 2012, Norway had a total of 9 beaches with the “Blue Flag” eco-label, 4 of which are found in Asker and Bærum. The area can also offer several other bathing spots, both by the fjord and by lakes. Here is a selection:

**Central Vollen**
Central Vollen is the starting point for a beach that stretches over 1 km. Evjeodden, Selvik and Rabben is a pleasant nature area with sandy beaches, barbecuing spots, lavatories, grass fields and rocky knolls. It is well suited for families with children going picnicking and bathing. Here you will also find a 2 km heritage trail with its starting point at the Selvik villa.

**Hvalstrand bad**
Excellent bathing spot with its own parking lot, a sandy beach, fields and rocky knolls. Here you will also find swim ladders, wheelchair ramps, breakwaters and piers, a diving tower, lavatories and picnic tables. Hvalstrand is also home to one of Norway’s finest functionalist restaurants with both outdoor dining and a kiosk. Accessed from Slemmestadveien.

**Sjøstrand bad**
Bathing spot with a sandy beach and an adjacent grassy field near the border of Slemmestad. Here you will find docks, bathing rafts, showers, wheelchair ramps, a kiosk, a diving board, trash bins, lavatories and a beach volleyball court. Ample parking. Accessed by Sjøstrandveien via Slemmestadveien.

**Storøyodden**
At the outermost point on Storøya there is a large bathing spot with a kiosk, showers and lavatories. Planes used to take off from this beach when Fornebu was Oslo’s main airport, until October 1998. Deck chairs and tables can be borrowed, and you can play beach volleyball on one of the four courts, or pick another game if you prefer. The service building is open throughout the summer season. Storøyodden is most easily accessed by cycling.

**Holmenskjæret**
Bathing spot situated near Holmensenteret, with plenty of parking space, a sandy beach and rocky knolls. Her you will find bathing rafts, diving boards, a floating dock, a kiosk, a playground, picnic tables and a lavatory. Holmenskjæret has a beach volleyball court as well.

**Kadettangen**
Kadettangen is a very popular bathing beach in Sandvika, Bærum municipality. When the weather is nice it is always full of people. There is lots of nice sand on land, while the sand underwater is not perfect, as it is a bit rocky. Noise from the E18 motorway also diminishes the attraction somewhat. There is a nice bathing raft with a diving board a short distance from the beach. If you arrive by boat you can moor it inside the E18 bridge area, north of the beach. Here there is a nice stone pier with many mooring rings. There is a boat ramp within the beach by the quay.

**Asker:** Sandungen, Hestesund, Semsvannet, Kariskjær and Spiralbukta at Konglungen

**Bærum:** Rolfstangen, Sarbuyvollen, Høvikodden and Østernvann

For more information see: [www.Akershus.com](http://www.Akershus.com)
Winter and snow

In Asker and Bærum we have excellent and well-prepared cross-country skiing trails for all ages. Here you see some examples of trip suggestions in Vestmarka and Bærumsmarka. For more information regarding each trip and parking availability, in addition to maps, see www.skiforeningen.no www.asker-skiklubb.no

Rent a bike with map and guidance

It is now possible to rent bicycles at Vollen, in downtown Asker, downtown Sandvika and at Bærum’s Verk. Hotel guests may also loan bicycles at their hotels. Easy-to-read cycling and hiking maps have been prepared for routes suited for people of all ages. The trails offer a number of opportunities for breaks, to have a snack or a refreshing drink.

Asker Kulturhus – www.askerkulturhus.no
Bærum’s Verk – www.baerumsverk.no
Vollen Marina – Rent an El-bike – www.vollen-marina.no
USEFUL ADDRESSES

Newspapers in Asker and Bærum
Asker og Bærum Budstikke
Billingstadsletta 17, 1396 Billingstad
Tel 66 77 00 00. www.budstikka.no

AB-avisene
Billingstadsletta 19A, 1396 Billingstad
Tel 21 89 84 10. www.ab-avisene.no

Livein Asker/Bærum
Tel 64 98 38 88. www.livein.no

Local TV
TV8 Asker og Bærum
Tel 938 75 738. www.tv8norge.no

Public transport
Ruters kundesenter
Jernbanetorget 1, 0154 Oslo.
Tel 177. www.ruter.no

Open air activities
Oslofjordens Friluftsråd
Gamle Drammensvei 203, 1300 Sandvika.
Tel 67 55 49 90. www.oslofjordens.friluftsrad.no

Skiforeningen
Kongeveien 5, 0787 Oslo.
Tel 22 92 32 00. Faks 22 92 32 50.
E-mail: skif@skiforeningen.no

DNT Oslo og omegn
Boks 7 Sentrum, 0101 Oslo.
Tel 22 82 28 00. www.dntoslo.no

Municipalities
Asker kommune
Knud Askersvei 25
Tel 66 90 90 00
E-mail: post@asker.kommune.no
www.asker.kommune.no

Bærum kommune
Arnold Haukelandsplass 10, 1304 Sandvika
Tel 67 50 40 50
E-mail: post@baerum.kommune.no
www.baerum.kommune.no

Business Council
Asker Næringsråd
Drammensveien 915, 1370 Asker
Tel 66 90 60 80. E-mail: post@askern.no
www.askern.no

Bærum Næringsråd
Rådmann Halmrastsvei 7, 1337 Sandvika
Tel 67 80 90 00. E-mail: post@bn.no
www.bn.no

KAN VI BY PÅ NOEN GODE FØLELSER?

TREKANTEN
EN GOD FØLELSE
Knud Askersvei 26, 1383 Asker
200 BUTIKKER
VELKOMMEN TIL EN HYGGELIG HANDEL!

ÅPNINGSTIDER: 10-21 (10-19)

BESØK VÅR TURISTINFORMASJON I 1 ETASJE.
Autorisert turistkontor for Asker og Bærum kommune.
Våre åpningstider 10-21 (19) Telefon 67 52 23 00
Fax 67 52 23 11 Adr: Brodtkorbsgate 7, 1338 Sandvika.

Besøk oss på Facebook: www.facebook.com/sandvikastorsenter